



Mt. Nebo Middle School

7th Grade Course Requests

2022-2023

IEP or 504: Y / N

(Please indicate if your student receives special education or accessibility services)

Student Name: _____ Student ID #: _____

Parent/Guardian: _____ Phone Number: _____

Required Core Courses - 5.0 Credits					
40750J	<input checked="" type="checkbox"/>	1.0	Language Arts 7	80113J, 80114J	<input checked="" type="checkbox"/> 1.0 College & Career Awareness
50400J	<input checked="" type="checkbox"/>	1.0	Math 7	77252J/77202J	<input checked="" type="checkbox"/> .5 PE
32000J	<input checked="" type="checkbox"/>	1.0	Science 7	61002J	<input checked="" type="checkbox"/> .5 Utah Studies

Required Fine Arts Courses - 1.0 Credit					
Choose (1) Full-year Elective <i>or</i> (2) Half-Year Electives					
16720J/16700J	<input type="checkbox"/>	1.0	Band I (circle one: brass or woodwind)	17710J/17700J	<input type="checkbox"/> 1.0 Orchestra I (circle one: violin, viola, cello, bass)
16740J	<input type="checkbox"/>	1.0	Band II (prerequisite)	17720J	<input type="checkbox"/> 1.0 Orchestra II (prerequisite)
10302J	<input type="checkbox"/>	.5	Art 7	18712J	<input type="checkbox"/> 0.5 Pitched Panthers (Half Year Chorus)
19542J	<input type="checkbox"/>	.5	Drama 7	18770J	<input type="checkbox"/> 1.0 TrebleMakers (Women's Chorus)
19402J	<input type="checkbox"/>	.5	Tech Theater	18760J	<input type="checkbox"/> 1.0 Vocal Thunder (Men's Chorus)
72162J	<input type="checkbox"/>	.5	Dance 7	18790J	<input type="checkbox"/> 1.0 Panther Pride (Auditioned Chamber Chorus)

Elective Courses - 1.0 Credit					
Choose (1) Full-year Elective <i>or</i> (2) Half-Year Electives - Must be different than above					
Fine Arts					
16720J/16700J	<input type="checkbox"/>	1.0	Band I (circle one: brass or woodwind)	17710J/17700J	<input type="checkbox"/> 1.0 Orchestra I (circle one: violin, viola, cello, bass)
16740J	<input type="checkbox"/>	1.0	Band II (prerequisite)	17720J	<input type="checkbox"/> 1.0 Orchestra II (prerequisite)
10302J	<input type="checkbox"/>	.5	Art 7	18712J	<input type="checkbox"/> 0.5 Half Year Chorus
19542J	<input type="checkbox"/>	.5	Drama 7	18770J	<input type="checkbox"/> 1.0 Girls' Chorus
19402J	<input type="checkbox"/>	.5	Tech Theater	18760J	<input type="checkbox"/> 1.0 Boys' Chorus
72162J	<input type="checkbox"/>	.5	Dance 7	18790J	<input type="checkbox"/> 1.0 Chamber Chorus (audition required)
Other					
49232J	<input type="checkbox"/>	.5	Intro Spanish	06112J	<input type="checkbox"/> .5 Cycling
49252J	<input type="checkbox"/>	.5	Spanish 7 (prerequisite)	72652J	<input type="checkbox"/> .5 Aerobic Conditioning
40682J	<input type="checkbox"/>	.5	Communications	05012J	<input type="checkbox"/> .5 Peer Leadership (application req)
18832J	<input type="checkbox"/>	.5	Music Exploration	05002J	<input type="checkbox"/> .5 Peer Tutor

Space is limited for some classes. Courses that do not fill will not be offered.

In the event that a class has more requests than available seats, alternate classes will be assigned.

Please list (2) alternative classes you would like if your first choices are not available. **Must be different than above.**

1. _____ 2. _____

I HAVE REVIEWED THE COURSE SELECTION WITH MY STUDENT AND AGREE WITH THESE CHOICES

Parent/Guardian Signature: _____ Date: _____



Questions? Scan the code or visit our Counseling website for more info and tutorial videos!
mnmscounseling.weebly.com/registration.html

Please see reverse for course descriptions and fees.



7th Grade Course Descriptions

2022-2023

Required Core Courses

Language Arts 7

Full Year / 1.0 Language Arts Credit

(English, Reading, Spelling, Vocabulary, Word Processing, and Internet Usage). This class focuses on effective reading, writing, and communication skills. Students use writing strategies to create several writing projects including narrative, argument, research and poetry. In the computer lab students are given the opportunity to type essays, use software, and the Internet for research. Independent reading programs and classroom novel studies are designed to reinforce important active reading strategies.

Integrated Science 7

Full Year / 1.0 Science Credit \$10 Lab Fee

This class integrates physical, earth, and life science concepts. Curriculum includes the particulate nature of matter, earth structure, cellular biology, heredity, and classification of living things according to structures and characteristics they have in common

Mathematics 7

Full Year / 1.0 Mathematics Credit

This class will study the following areas: Ratios and proportional relationships, the number system, expressions and equations, geometry, statistics, and probability.

Utah Studies

1/2 Year / .5 Social Studies Credit

This class is designed to help students understand what their state is like and how it got to be that way. We will focus on Utah's geography, its government, and the changes in population, culture, and the economy from the Native Americans to the present including the impact of contemporary events in our state.

College and Career Awareness

Full Year / 1.0 CTE Credit \$20 Course Fee

This is a course designed to increase awareness of college and career pathways through simulations and project-based experiences. The college and career awareness course explores high school, college and career options based on student interests, abilities and skills. Students will investigate high-skill and/or in-demand jobs in the Utah labor market while developing workplace skills.

Physical Education

1/2 Year / .5 PE Credit \$10 Course Fee

This class provides for physical growth and social interaction. Students are given the opportunities for participation in sports, intramural, and extracurricular activities. Emphasis is placed on skill-building physical fitness skills for maintaining a healthy lifelong lifestyle and having fun.

Required Fine Arts Elective Courses

Band II

Full Year / 1.0 Fine Arts Credit \$10 Course Fee

Prerequisite: Band I \$150 Rental Fee (if applicable)
Band II is a combined concert band of woodwind, brass, and percussion instruments. Students will learn to perform as an ensemble, building on the foundation set in Band I. Grading is based on participation in class and concerts as well as practice outside of class. Students provide their own instrument or rent from the school \$150 (subject to instrument availability, **school fee waiver available**). Students also provide their own instrument materials such as reeds, valve oil, and cleaning supplies. Students will play the same instrument they played in their first year of band unless they plan differently with the band teacher. Percussionists will not rent, but will use the materials they purchased for Band I. **Students new to band can inquire about a Band I course with their counselor.**

Art 7

1/2 Year / .5 Fine Arts Credit \$10 Course Fee

In Art 7, students focus on developing art skills by communicating and creating projects using contemporary art practices. The projects will include sculpture, drawing, painting, and art history. This class is intended to be the prerequisite for all future art classes.

Drama 7

1/2 Year / .5 Fine Arts Credit \$5 Course Fee

In this class, students will focus on the fundamentals of drama including voice, movement, and performance. There will be a class play at the end of the semester for family and friends to attend.

Tech Theater

1/2 Year / .5 Fine Arts Credit \$5 Course Fee

This class is for those who choose to pursue the technical aspects of theater. Students learn the design techniques in the following: sets, props, lights, sound, costumes, and makeup.

Orchestra II

Full Year / 1.0 Fine Arts Credit \$10 Course Fee

Prerequisite: Orchestra I \$150 Rental Fee (if applicable)
Orchestra II builds on the strings fundamentals learned in Orchestra I. Students that have not played in 6th grade orchestra will need to try out and be assessed by Ms. Hailstone. Students provide their own instrument or rent from the school \$150 and \$75 if an additional at-school instrument is needed (subject to instrument availability, **school fee waiver available**). This is a great course to enhance ability as a musician and to play and perform exciting, beautiful music. We are focused on learning excellence, building friendships, and having fun. Students new to Orchestra can inquire about an Orchestra I course with their counselor.

Pitched Panthers / Half Year Mixed Chorus

1/2 Year / .50 Fine Arts Credit \$10 Course Fee

This class is an introductory choir course for students who have little to no experience in singing in an ensemble. Students will learn the basic musical skills including vocal technique, performance standards, and note reading during daily rehearsals. Students are required to participate in several concerts throughout the year. There is an additional fee for a choir shirt.

TrebleMakers / Women's Chorus

Full Year / 1.0 Fine Arts Credit \$10 Course Fee

This class is an introductory choir course for developing treble singers who have little to no experience in singing in an ensemble. Students will learn the basic musical skills including vocal technique, performance standards, and note reading during daily rehearsals. Students are required to participate in several concerts throughout the year. There is an additional fee for a choir shirt.

Vocal Thunder / Men's Chorus

Full Year / 1.0 Fine Arts Credit \$10 Course Fee

This class is an introductory choir course for developing tenor/bass students who have little to no experience in singing in an ensemble. Unchanged and changed voices are welcome. Students will learn the basic musical skills including vocal technique, performance standards, and note reading during daily rehearsals. Students are required to participate in several concerts throughout the year. There is an additional fee for a choir shirt.

Panther Pride / Mixed Chamber Chorus

Full Year / 1.0 Fine Arts Credit \$10 Course Fee

Prerequisite: Audition
This class is an advanced choir course for students with extensive experience in music. Commitment to a full year of enrollment is required. Students must audition for the director to show their vocal and sight reading skills and learning ability. 6th Grade students or new students will be required to provide a teacher reference for behavior. This class calls for dedicated students who will be able to focus and work together well during daily rehearsal to improve vocal sound. There are a number of required performances per year. There is an additional fee for a choir shirt.

Dance 7

1/2 Year / .5 Elective Credit \$10 Course Fee

This course is designed to give students the opportunity to increase skills of dance while improving their techniques and creative ability. Students will conceptualize, generate, develop and organize artistic ideas through dance. They will also choreograph, refine and perform original works of dance.

Additional Elective Courses

Music Exploration

1/2 Year / .5 Fine Arts Credit \$10 Course Fee

This is an exploratory class that studies different genres of music in America from the 1900's. Listening and performance will be included.

Introduction to Spanish

1/2 Year / .5 Elective Credit

This course is for students with no previous knowledge of Spanish. Students will develop the four language skills of speaking, listening, reading and writing. The curriculum includes basic vocabulary and grammar points including the present tense. Although students may not be assigned homework every day, they are expected to review their unit vocabulary and grammar.

Spanish 7

1/2 Year / .5 Elective Credit

Prerequisite: Introduction to Spanish

Spanish 7 is designed for students to continue to develop the four language skills of speaking, listening, reading, and writing from Intro Spanish. The curriculum includes application of verbs, short responses, basic questions, and prepositions. Intro Spanish and Spanish 7 can be taken in the same year.

Peer Tutor

1/2 Year / .5 Elective Credit

Prerequisite: Application

Peer tutors help students in the special needs classes. Students will help with reading, writing, math, and following directions. Students may attend occasional field trips. It is a fun class with many different things to do and the satisfaction of serving others.

Communications

1/2 Year / .5 Elective Credit

This course covers basic oral and writing skills used to communicate wisely and effectively for a variety of purposes and settings. Students will study situations such as talking on the phone, texting, digital citizenship, speaking with adults, emailing, and so forth. We will also examine non-verbal communication with a focus on listening methods and interpretive strategies. Public speaking will also be a part of the class curriculum.

Cycling - Coed

1/2 Year / .5 Elective Credit

In this class students work to develop fundamental cycling skills and safety including starting, stopping, turning, weaving, signaling, gear shifting, and navigating the road to ride safely. Students will get to practice their skills by riding off-campus in different neighborhoods and trails near our school. On inclement weather days, the class will focus on basic overall fitness indoors.

Aerobic Conditioning - Coed

1/2 Year / .5 Elective Credit

This is a mixed 6/7 grade coed class that will focus on flexibility training, cardiovascular activities, and weight training. Activities include walking, distance running, sprinting, circuit training, plyometrics, speed and agility training, weight training, core training, yoga, sports, and more! If you want to become a better athlete, dancer, or improve your health while having a fun time, then this class is for you!

Peer Leadership

1/2 Year / .5 Elective Credit

Prerequisite: Application

This class is for students who demonstrate and live the school's R.O.A.R values (Respectful, Outstanding, Academic, Responsible). Students will learn and develop leadership skills through classroom lessons, activities, and real-life situations. Students should be willing to serve in any capacity including: helping teachers with tasks at the school, tutoring students, setting up the tables and chairs, running the annual food drive, picking up garbage around the school, etc.

School Aide

1/2 Year / .5 Elective Credit

School Aide form required

In this course, students provide essential support to the school as an office, library, counseling, lunch, teacher, or library aide. Students must be respectful and responsible in this role. Please see the School Aide form for more information and be sure to return the form with your course requests.



Questions? Scan the code or visit our Counseling website for more info and tutorial videos!
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